

# CALEDON Enterprise

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## Journey practitioner from Bolton has liberated me

Let me tell you about an adventure. The story begins a couple of months ago at a presentation in Bolton that was explained to me in an e-mail message as a "cell memory clearing process".

"A simple, yet incredibly powerful process that allows one to tap into one's body's infinite wisdom and elicit its unlimited healing power. It gives one the opportunity to uncover the root cause of long-standing health, emotional or behavioural issues, by guiding one to the stored cell memories causing them.

Once accessed, the process helps one resolve these memories completely and clear them out, allowing the body to start healing naturally at a cellular level."

This was just too compelling to pass up.

I didn't know that I had any specific "long-standing health, emotional or behavioural issues," but as humans, I know that we are here in "Earth school" to change our darkness into light - to journey to a higher way of being. We cannot live a human life for seven decades and not have some "issues" in our cells.

The presentation intrigued me. I took home a book, incidentally called 'The Journey,' about the process and the woman who conceived it. My husband and I (he even before me) almost inhaled the book. I bought four more and sent them to each of our kids, who are now just as keen.

But it is one thing to read about it and quite another to experi-



**Country Roads**  
KAY MacDUFFEE

ence the journeying process. I knew and had read of those who did it. They claimed that it had opened their life, that the healing had been immediate and lasting. I was hooked.

Journey practitioners, although worldwide, number 10 in Canada. Amazingly there is one in Bolton, having arrived just last year from France. I made the appointment with Alain Zumbach.

I can say without hesitation that it was one of the best decisions of my life. During the three-hour process, "issues" appeared that were buried so deeply I didn't know they existed. In a painless, almost miraculous procedure I healed my younger 'self' and cleared my body of the old cell memories.

After the process, I felt light, liberated, joyous, and altogether peaceful. My energy field was intense I discovered, later that day in a circle of friends. One woman kept picking up on my thoughts before I could speak them.

Extraordinary research has been published recently on cellular biology. Powerful emo-

tions that are repressed become buried in our cells, blocking communication with other cells.

Over time, if disease occurs, it will likely occur where the cell receptors are blocked, because although cells die, they pass on their memory to the next cells being born. New cells are exact replicas of the old.

Dr. Deepak Chopra, a leader in cellular healing, wanting to learn how we healed from serious illness against the odds, without drugs or surgery, made a career study of this and found two qualities in common:

First, through some act of grace or spontaneous event, the patients had access to the boundless potential inside. And secondly, they got spontaneous access to the cell memories stored where the disease lay in the body.

'Journey' author, Brandon Bays, has also written 'Journey for Kids,' a powerful "how to" manual that shows the way in which children suffer from experiences of which we may not be aware, but have shut down and buried their emotional response. Less inhibited than adults, children respond easily and successfully to the healing process.

This is a revolutionary paradigm for healing which I unequivocally recommend. Anyone interested in learning more about this may wish to attend a presentation.

Practitioner, Alain Zumbach will offer two free seminars in Bolton on Thursday, May 15 and Wednesday, May 28 both at 8:30 p.m. He can be reached at (905) 757-9575 or visit [www.thejourney.com](http://www.thejourney.com) to know more.